

Many reasons to celebrate the  
new year...

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## Heart Rhythm fundraising is complete!

The beginning of a new year presents a natural time for reflection before planning begins for the coming months. As we reflect on 2017, our thoughts, above all else, turn to the overwhelming and generous support of this incredible community.

We are exceedingly grateful to our donors, community partners, and friends; without which the provision of quality, patient-centered care at St. Mary's would not be possible. You enable our work, and for that we want to say "thank you".

**It is with the utmost joy that we announce that the close of 2017 also marked the conclusion of fundraising efforts for the Heart Rhythm Program at St. Mary's. It was a \$15 million undertaking, made possible thanks to you.**

Many in the community contributed substantially over the duration of the campaign, and we are so thankful. We owe a very special thank you to one incredible partner and benefactor – The Lyle S. Hallman Foundation – for their outstanding gesture of generosity and support. Their \$1.5 million investment completed our fundraising efforts for this long anticipated project; ensuring residents of our Region will have access to a full continuum of specialized cardiac care, close to home.

On behalf of everyone at St. Mary's, thank you for your on-going investment and support. Your generosity ensures that care will be here, when you need it most.

We wish you and your family health and happiness to come in 2018.

Susan Dusick

President | St. Mary's General Hospital Foundation



Don Shilton and Susan Dusick

“I’m very grateful to the Lyle S. Hallman Foundation for pushing this campaign over the top. This sends a very powerful message to the Government that our community supports having top notch cardiac facilities within our Region. Our staff appreciate the community’s overwhelming support of this project and look forward to offering Heart Rhythm services, locally, in late 2018.”

Don Shilton,

President | St. Mary’s General Hospital

### What is Heart Rhythm?








*Heart Rhythm issues – often referred to as arrhythmias –relate to the heart’s electrical system. When a person experiences cardiac arrest, the electrical current that controls the timing and pace of the heart beat is disrupted, which stops the heart from pumping.*

For some, when left untreated, arrhythmias can be extremely dangerous and lead to loss of consciousness or even death.

[Learn More](#)

### Adding a Heart Rhythm Program to the already nationally recognized Cardiac Centre at St. Mary’s will:

-  Eliminate the need for patients to have to travel outside of the Region for care.
-  Reduce the stress and anxiety that travel has on patients and their families.
-  Cut wait times for Heart Rhythm Patients in half.
-  Enhance the continuity of care for our cardiac patients.
-  Foster innovation by attracting top ranked physicians and staff to the region.

# Mark your calendars!



**Tuesday February 27, 2018**

6:30-8:30pm | Delta Hotel Waterloo

Attend this free educational event to learn about the latest achievements and future innovations in cardiac care at St. Mary's Regional Cardiac Care Centre.

[Register Now](#)



**Tuesday April 24, 2018**

7:00-9:00am | Breakfast

Bingemans | Marshall Hall

Join us to enjoy the witty and engaging musings of David Chilton - bestselling Canadian author, speaker and television personality.

*Tickets on sale early February*

**St. Mary's**  
 GENERAL HOSPITAL FOUNDATION



**Red DAY**

**Friday June 8, 2018**

WEAR RED for the hearts of the women you love!

Heart disease is a leading cause of death among Canadian women. Please join this annual rally to raise awareness!

**#REDDAYFRIDAY**

**FOR EVENT UPDATES VISIT  
[WWW.SUPPORTSTMARYS.CA](http://WWW.SUPPORTSTMARYS.CA)**

**Have some spare time and a desire to  
 help your community?**

**Volunteer!**



Volunteers are often needed to support our office activities and a roster of fun community fundraising events. Whatever your talents or time availability, we're sure to have an opportunity to suit!

Please call or email Sarah Whittal to find out more.

[swhittall@supportstmarys.ca](mailto:swhittall@supportstmarys.ca) | 519-749-6737



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